

**SATISFACTION AND DISSATISFACTION OF
MEN'S MARRIED LIFE**

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ABSTRACT

The title of this thesis is “**Satisfaction and Dissatisfaction of Men’s Married Life**”. The primary purposes are to persuade Myanmar Buddhists to try to lead a peaceful married life, to have monogamous marriage for life, to nurture their children so that they come to be reliable and responsible citizens capable of serving the public interests, to lead a healthy, happy married life preserving the fine traditions and customs, and to help improve the living conditions for the people in the education, social, political, economic, cultural and religious affairs. **Pazundaung Township**, East District, Yangon Region, was chosen as the study area because it has a dense population; it is a commercial hub of the region, it has high population of educated persons, it is easily accessible by train, by car and by boat, it has great number of religious edifices, and it is a peaceful township with long history. **Qualitative research method** was applied to effectively help those couples enjoy a secure, prosperous life. The method covers Focus Group Discussion, In-depth Interviews and Key Informal Interviews. This thesis was also designed to help reduce the rate of split between married couples, divorce, address hardships, improve the education standard of families that are shockingly alarming, avoid wearing immodest costumes, and help fulfill the requirements for every household in the religious, social occasions of joy and grief and community affairs. It was found that most men in study area were satisfaction with their wife as their wives were dutiful and respectful to them. Although some men married with bad women (according to literal reviews), they were satisfied with their wives’ characters. Few men were dissatisfactory with their wives but it was found that divorces were rarely found in study area. It was found that some social institution were firmly influencing on married life of Myanmar men. This study was based on the characteristics of noble women and bad women. Further study “*Satisfaction and dissatisfaction of women’ married life*” must be carried out.

Key words: satisfaction, dissatisfaction, married men, husband, wife, duties, partner

CHAPTER (I)

INTRODUCTION

Marriage is a relationship between one or more men and one or more women who are recognized by society as having a continuing claim to the right of sexual access to one another. Only marriage is backed by social, legal, and economic forces. Marriage is a cultural consequence. (Haviland, 1999) Since born, everyone has been doing activities continuously throughout the life. However, only when one starts to lead a married life, one really start one's life. Whether or not the married life one leads is happy or not well rests on whether the wife and husband work hard and share the household duties in pursuits of the ultimate goal. Therefore, it is fair to say that married life is the real life of human beings. To achieve the goal of enjoying a secure, monogamous marriage is responsible both for the husband and the wife. Only if both life partners are skilled, will they be able to make all possible arrangements for meeting the goal of leading a happy and life-long married life. If there take place difficulties to their married life, the couple should remain harmonious in coping with the challenges to improve the married life with a sense of duty, realizing the nature of a married life.

It is not wise at all if said the chief purpose of leading a married life is to enjoy sexual pleasure. With this object in view, not every goal in the married life may not be achieved in spite of arrangements for some reasons. We should also bear in mind that as a matter of fact, sexual pleasure is just part of the married life, and to lead a married life, we have to start new life.

The husband and wife have to deal with family affairs and family duties to the best of their abilities. They have to try to lead a happy married life with the assistance from the parents of both sides or on a self-reliant basis. Family affairs are not small matters or trifles. In a bid to lead a married life based on love and sexual pleasure, birds of a feather flock together, as the saying goes. Indeed, a married life is a combination of pleasure and challenges.

Getting married “leading a married life” by a man and woman just is not just for sexual pleasure, nor is sexual pleasure the basic character of a married life. If analyzed, leading a married life is intended for so many benefits. The following are the important goals of marriage.

1. To carry out secular and super mundane activities through marriage
2. To rely on each other
3. To preserve the lineage by having children
4. To enjoy sexual pleasure
5. To enjoy peaceful, secure life and longevity

Leading a married life, a man and woman have to handle household affairs apart from normal work. Extra tasks include duties of a husband, duties of a wife, duties of a parent, duties of children, duties of relatives and duties of a friend. To put it another way, the tasks can be divided into two groups: individual work and work to be done collectively by husband and wife, children, and son-in-law and daughter-in-law, which is the law of nature over a married life. Leading a married life between the husband and wife is mainly due to this law of nature.

In fact, the husband and wife have to do their bit in carrying out household responsibilities in accordance with the law of nature of a married life. Above-mentioned points are why the thesis under the title of “Satisfaction and Dissatisfaction of Men’s Married Life” was written.

1.1 Aims and objectives

- To express good and skilled husbands and wives with code of moral conduct, virtue, wisdom, good behaviors, charity and diligence,
- To describe couples who enjoy a peaceful, happy marriage,
- To point out/refer worthless husband and wife, two of the four kinds of husband and wife identified by the Buddha, and prosperous husband and wife.
- To explore reliable and responsible new generations
- To mention the importance of monogamy and refraining from adultery,
- To find concepts and ideas by which husbands adore and admire their wives

